

People's United Bank Vermont City Marathon

Information sheet for:

Runners who want to run on more than 1 relay team

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Runners who want to run on a relay team (or 2) and run the whole marathon, too

Scenario A: Runner wants to run in the marathon and on a 3-5 Person team

- Runner wears 2 bibs, the marathon bib and the relay team bib
- Runner wears the relay coil wristband
- The runner must run the first leg(s) for his team
- At the Park Street Relay Exchange Zone at mile 3.3, the runner will move right into the exchange zone, find his teammate, and exchange the coil wristband
 - If there are less than 5 on the team, the runner will run the first "x" legs until reaching an REZ where a teammate waits to be tagged in
- After the exchange is made, the runner will merge back onto the race course to continue on in the marathon

Scenario B: Runner wants to run in the marathon and on a 2-Person team

- Runner wears 2 bibs, the marathon bib and the relay team bib
- Runner wears the relay coil wristband
- The runner must run the first half of the race for his team
- At the 2-Person Relay Exchange Zone at mile 13.1 in Oakledge Park, the runner will move right into the exchange zone, find his teammate, and exchange the coil wristband
- After the exchange is made, the runner will run through the exchange chute along with other 2-Person Relay 2nd leg runners, then merge back onto the race to continue on in the marathon
- Prior to exiting Oakledge Park the runner must remove and dispose of his 2-Person relay team bib. This is necessary due to chip timing.

Scenario C: Runner wants to run on a 2-Person team and a 3-5 Person team

- Runner wears 2 bibs, one for each relay team
- If starting the race for either/both teams, runner wears the relay coil wristband(s)
- Exchanges between teammates are made in the usual manner as detailed on our Relay Info sheets
- Note that teams competing in the 3-5 Person division may not use the 2-Person Exchange Zone

Scenario D: Runner wants to run on multiple 2-Person teams and/or 3-5 Person teams

- Runner wears a bib for each relay team
- If starting the race for any team(s), runner wears the relay coil wristband for that team(s)
- Exchanges between teammates are made in the usual manner as detailed on our Relay Info sheets
- Note that teams competing in the 3-5 Person division may not use the 2-Person Exchange Zone
- Note that a runner may not run the same leg for multiple teams. For example, a runner may run the 1st leg for "Relay Team A" and the 3rd leg for "Relay Team B", but that runner may not run the first leg for both teams and tag in 2 different teams at the Park Street Relay Exchange Zone.