

FINISH



ADAM RIESNER, Free Press

...e Kreutz wins the Vermont City Marathon in 5 hours, 29 minutes, 11 seconds

# Going the distance

## Winners whip wind in 1st city marathon

By Kevin Iole  
Free Press Staff Writer

Joe Kreutz was the Pied Piper of Burlington Sunday, leading 1,055 runners through the streets of the city in the first Bank of Vermont/Vermont City Marathon.

Kreutz easily outclassed the rest of the field, edging runner-up Terry Gilmore of Essex Junction by 24 seconds to win the overall championship. The winning time was 2 hours, 29 minutes, 11 seconds.

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Gilmore was second in 2:29.35, and Tony Bates of Salisbury was third in 2:32.31.

Former Montpelier resident Lea Sikora, now living in Greenfield, Mass., dominated the women's division and won by nearly 10 minutes.

The race was run under near-ideal temperatures. According to the National Weather Service in Burlington, the temperature was 50 degrees at the start of the race at 8 a.m. and 57 when the leaders finished.

The wind played a major factor in slowing down the times, gusting as high as 30 mph.

"The wind was tough," said Kreutz, 32, an



JYM WILSON, Free Press

Husband and wife team Ernie and Polli

# Runners turn the corner of Market and College streets in the Vermont City Marathon.

## Bank of Vermont/Vermont City Marathon

**Men's age group results**  
**Men's open (name, age, time):** 1. Kreutz, Joe 32, 2:29:11, 2. Gilmore, Terry 30, 2:29:34, 3. Bates, Tony 30, 2:32:30, 4. Moulton, Chris 23, 2:34:42, 5. Miller, James 30, 2:35:13

**Men 29-under:** 1. Bosch, Andrew 28, 2:38:30, 2. Langmaid, Chip 27, 2:44:17, 3. McMill, Edward 27, 2:44:58

**Men 30-39:** 1. Maranto, Tony 31, 2:38:17, 2. Amiro, Tom 39, 2:38:12, 3. Craven-Cheng, Pascal 35, 2:38:51

**Men 40-49:** 1. Faucher, David 40, 2:42:41, 2. Moulton, John 43, 2:43:00, 3. Siquid, Ferdinand 42, 2:52:10

**Men 50-59:** 1. Kaye, William 50, 2:43:05, 2. Smith, Robert 52, 2:57:33, 3. Barney, Gerald 56, 3:11:42

**Men 60-over:** 1. Short, Hugh 67, 3:29:23, 2. Lewis, Dick 62, 4:22:08, 3. Chicone, Arthur B 61, 4:22:09

### Complete men's results

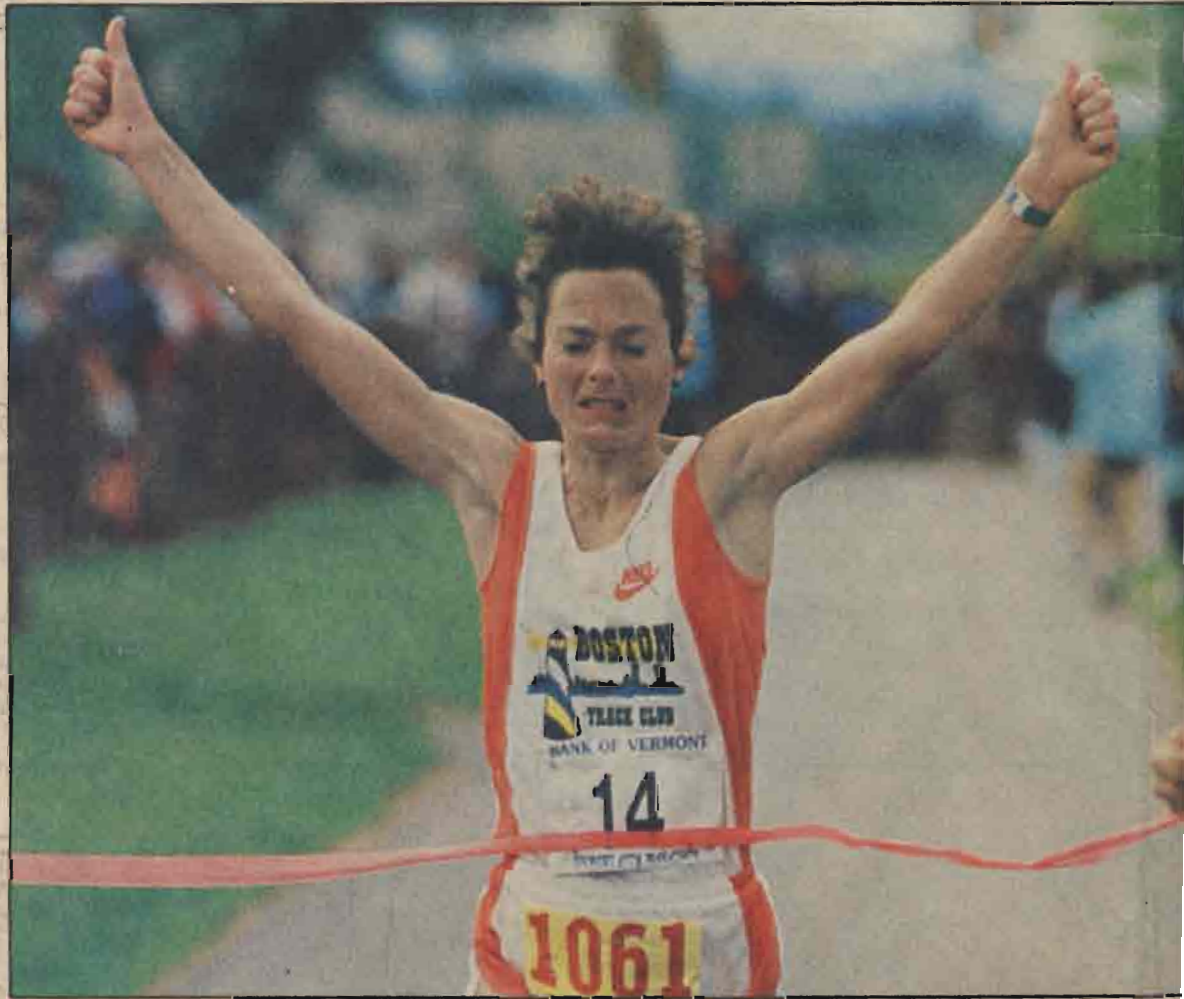
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MARK SASAHARA, Free Pre

Lea Sikora, formerly of Montpelier, wins the women's division of the marathon.

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Lea Sikora, formerly of Montpelier, wins the women's division of the marathon.

Prizes in city race

## City Marathon

# 13 days enough rest for Montreal iron woman

## But Friedman can't catch Sikora in women's race

By Kevin Iole  
Free Press Staff Writer

Many runners take 12 weeks to recover after running in a marathon. Doreen Friedman took 13 days.

An accountant trainee from Montreal, Friedman, 34, finished second in the women's open division Sunday in the Vermont City Marathon, less than two weeks after competing in a marathon in Ottawa.

She trailed only Lea Sikora Sunday, posting a time of 2 hours, 57 minutes, 29 seconds. Friedman and Sikora, who ran a 2:48.22, were the only women to break three hours.

Friedman had a time of 2:55 in the marathon she ran May 15 in Ottawa. But despite running so recently, Friedman said she felt fine Sunday.

"I go the way I feel," she said. "A marathon is a long race, and you have to play it by ear. I felt good, and I just kept going. The only way I would have dropped out is if I had been injured or ill. Otherwise, I was going all the way."

Friedman ran her first marathon in 1981, then did not run another until 1985. She has run 12 since.

But she was no match for Sikora, who was easily the class of the field. Sikora, who ran a 2:37 in the 1988 U.S. Olympic Trials, had no problems Sunday. Her biggest worry was getting down the proper chute at the finish.

Because she ran both the marathon and a leg of the relay, she had two bibs. Runners with relay bibs went into the finish chute on the left, and runners with marathon bibs went into the finish chute on the right.

Sikora still had the relay bib on at the finish and went into the wrong chute, which she feels added several seconds to her time.

"There were some problems in the chute at the end that the race director, Gordie (MacFarland), said he was going to fix," Sikora said. "But they directed me down the wrong chute at the end and that was a little disconcerting.

"You deserve better than that. People work so damn hard running the 26 miles that they ought to be able to have a smooth finish."

But that was Sikora's only problem, as she broke in front early and led nearly wire-to-wire.

Friedman never had a shot at catching Sikora, but she didn't mind. Just finishing two marathons in 13 days was enough for her. Placing second was an afterthought.

"I run for the fun of it," she said. "I felt great today and I had a great, great time. I'm really pleased I came."

proper chute at the finish.

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