

## People's United Bank Vermont City Marathon

Information sheet for:

Runners who want to run on more than one relay team

-OR-

Runners who want to run on a relay team (or 2) and run the whole marathon.

### Scenario A: Runner wants to run in the marathon and on a 3-5 Person team

- Runner wears 2 bibs, the marathon bib and the relay team bib
- Runner wears the Ankle Timing Band
- The runner must run the first leg(s) for his team
- At the Park Street Relay Exchange Zone at mile 3.3, the runner will move right into the Exchange Zone, find his teammate, and exchange the Ankle Timing Band
  - If there are fewer than 5 on the team, the runner will run the first "x" legs until reaching an Exchange Zone where a teammate waits to be tagged in
- After the exchange is made, the runner will merge back onto the race course to continue on in the marathon

### Scenario B: Runner wants to run in the marathon and on a Half & Half Relay Team

- Runner wears 2 bibs, the marathon bib and the Half & Half Relay team bib
- The runner must run the first half of the race for his team
- At the Half & Half Relay Exchange Zone at mile 13.1 in Oakledge Park, the runner will move right into the exchange zone, find and tag their teammate in.
- After the exchange is made, the runner will run through the exchange chute along with other Half & Half Relay second leg runners, then merge back onto the race to continue on in the marathon
- Prior to exiting Oakledge Park the runner must remove and dispose of their Half & Half Relay team bib. This is necessary due to chip timing.

### Scenario C: Runner wants to run on a Half & Half Relay Team and a 3-5 Person team

- Runner wears 2 bibs, one for each relay team
- If starting the race for either/both teams, runner wears the Half & Half Bib (with timing chip) and the Ankle Timing Band.
- Exchanges between teammates are made in the usual manner as detailed on our Relay Info sheets
- Note that teams competing in the 3-5 Person division may not use the 2-Person Exchange Zone

### Scenario D: Runner wants to run on multiple 2-Person teams and/or 3-5 Person teams

- Runner wears a bib for each relay team
- If starting the race for any team(s), runner wears the Half & Half Bib (with timing chip) and the Ankle Timing Band (3-5 Relay).
- Exchanges between teammates are made in the usual manner as detailed on our Relay Info sheets
- Note that teams competing in the 3-5 Person division may not use the Half & Half Relay Exchange Zone
- Note that a runner may not run the same leg for multiple teams. For example, a runner may run the 1<sup>st</sup> leg for "Relay Team A" and the 3<sup>rd</sup> leg for "Relay Team B", but that runner may not run the first leg for both teams and tag in 2 different teams at the Park Street Relay Exchange Zone.